

**JUNE
26**

**CELEBRATE
2021 INTERNATIONAL DAY
Against
DRUG ABUSE &
ILLCIT TRAFFICKING**

**CHS Faculty Librarian,
Gerald Louw, poses some questions to a
panel from the Psychology Department**



Dr Maria Florence,
Department of Psychology
at UWC



Dr Tracey-Ann Adonis,
Department of Psychology
at UWC



Shanice Eksteen,
Master's Student
Department of Psychology
at UWC



Lindokuhle Shongwe,
Master's Student
Department of Psychology
at UWC



Noluthando Mpisane,
Master's Student
Department of Psychology
at UWC



- Q1.** Where does the problem of drug abuse start?
- Q2.** What is the impact of drug abuse and illicit drug trafficking in our communities in the Western Cape?
- Q3.** What systems are put in place to combat drug abuse and illicit trafficking in the Western Cape and how effective are these?

**PERSONAL INSIGHT
from a Graduate of
TEEN CHALLENGE/HOPE REVOLUTION**



- Q4.** Looking back, what helped you to overcome your abuse of drugs?

Reach out to
UWC Student Counselling Tool-Free Helpline : 0800 222 333

Join the conversation on the 2021 World Drug Day campaign using the hashtags:
#ShareFactsOnDrugs #SaveLives
<https://www.unodc.org/unodc/en/drugs/index-new.html>

UWC Scholarship

- 1. Frans, Zanelle. Exploring the Effects of Parental Substance Abuse on Perceived Family Well-Being in a Selected Rural Area in the Western Cape Province. Masters thesis, University of Western Cape, 2020.
- 2. Langeveld, Liane. Exploring the Perceptions of Staff Regarding the Services Offered at a Substance Abuse Rehabilitation Centre for Women in Cape Town. Masters thesis, University of the Western Cape, 2020
- 3. Rich, E.G. (2020). An exploration of the understandings of drug use from young drug users' perspectives in the Western Cape: implications for primary prevention. *Vulnerable Children and Youth Studies*, 15:1, 68-76
- 4. Roman, N.V. et al. (2017). Hookah use: Could families be a risk factor for future addiction? *Journal of Child & Adolescent Substance Abuse*, 26(1): 11-17.
- 5. Strelbel, A., Shefer, T., Stacey, M., & Shabalala, N. (2013). Lessons from the evaluation of a public out-patient substance abuse treatment programme in the Western Cape. *Social Work*, 49(1), 38-52.

Also see:

Nekgotha, T. K., Nel, K., & Govender, S. (2020). Stress levels and alcohol use amongst beginning students at a peri-urban South African university: A brief report. *Journal of Psychology in Africa*, 30(3), 208-210.

Aronson, J. K., & Meyler, L. (2016). *Meyler's side effects of drugs: the international encyclopedia of adverse drug reactions and interactions* (Sixteenth edition.). Elsevier Science.



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**HOPE
REVOLUTION**
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